

Working for Wellness

Part of the National Improving Access to Psychological Therapies Programme

Recruitment Information Pack

Release Date: 7th May 2010

This is the IAPT Training Information Pack for applicants wishing to apply for High Intensity (HI) and Psychological Wellbeing Practitioner (PWP) training places and jobs. The information accompanies the Job Descriptions and Personal Specifications.

It is essential that applicants read this information pack before submitting your application on NHS jobs.

It contains important information necessary for the successful completion of your application.

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1. Information for Applicants

1.1 Working for Wellness (WfW) is the London regional implementation team for the national Improving Access to Psychological Therapies programme (IAPT). WfW is hosted by Commissioning Support for London (CSL) who support Commissioners to deliver the Healthcare for London strategy.

This is the third year of the programme and to date WfW have helped to successfully establish 15 IAPT sites in London, recruiting nearly 400 trainees and treating nearly 15,000 people.

National funding has helped create a new workforce able to deliver evidence based cognitive behavioral therapy to people with depression, anxiety and/or phobias. This year WfW is seeking to recruit INSERT NUMBER people through the regional recruitment process.

WfW will be recruiting Psychological Wellbeing Practitioners (PWPs) and High Intensity (HI) Therapists on behalf of the 12 PCTs who are looking for practitioners to work in their area.

PWPs will attend university once a week and work in services the remaining 4 days.

HI workers will attend university two days a week and work in services in the remaining three.

Please note that some sites are recruiting locally. This is likely to be through the NHS Jobs website but unfortunately we cannot confirm when these sites will be recruiting or exactly which sites will be recruiting new trainees.

For further reading about the IAPT programme please see www.iapt.nhs.uk

For more information about WfW and existing IAPT sites please see www.workingforwellness.org.uk

For more information about CSL please see www.csl.nhs.uk

1.2 Each training place involves a **position of employment**, as well as full training. The post becomes **permanent** upon successful completion of training. At this point, we anticipate the following jobs and training places will be available at each PCT¹:

- Barking and Dagenham: 1 PWP
- Bexley: 1 HI
- Brent: 5 HI
- Bromley: 2 HI
- Enfield: 7 PWP and 5 HI
- Ealing: 6 PWPs and 4 HI
- Greenwich: 4 PWPs
- Havering: 4 PWPs
- Kensington and Chelsea: 4 PWPs and 4 HI
- Southwark: 3 PWPs and 5 HI
- Sutton and Merton: 1 HI
- Westminster: 2 HI

Candidates will be notified via NHS Jobs if they have been shortlisted for interview. Please ensure that you regularly check your NHS jobs account and your associated email account. If you have not heard about your application in four weeks following the deadline then your application has been unsuccessful.

Candidates are asked to indicate on their application form, at the top of the personal statement two PCT preferences. Candidates who do not do this will simply be allocated to a site at random. Please see further information below.

We intend to interview from the 7th June 2010. Interviews unfortunately cannot be rearranged if candidates are unavailable.

Candidates must be able to start work mid – late September/early October as this is when the training courses begin.

¹ Please note, 'Working for Wellness' reserves the right to adjust the number of jobs/ training places and location based on the needs of the programme.

2. Training and Jobs

2.1 Higher Education Institutes (HEI) have been selected to provide the training. These HEIs have been selected based on the ability to demonstrate the capacity, knowledge and expertise to deliver the curriculum that's been developed for each training course.

Trainees will not have the option to choose which HEI they attend.

2.2 We believe a diverse workforce is essential for meeting the needs of London's communities. We actively promote a culture of inclusion and seek applicants from across communities.

Those without a valid work permit to work in the UK are not eligible to apply.

3. Who Should Apply?

3.1 High Intensity Applicants: Applications are invited from health, mental health or social care professionals who have worked in mental health settings, with a recorded or registered professional qualification in health, mental health or social care. This would include experienced and recently qualified psychological therapists e.g. Clinical and Counseling Psychologists, Mental Health Nurses and Nurse Therapists, Psychotherapists, Counsellors, Occupational Therapists and Social workers.

Those applicants without a recognised and accredited core mental health professional training (such as Graduate Mental Health Worker or Psychotherapists and Counsellors without UKCP or BACP accreditation) may need to complete an additional KSA (Knowledge, Skills and Attitude) assessment process. This is a selection process for individuals without a recognised core professional qualification in Psychological Therapies.

3.2 Psychological Wellbeing Practitioners: Applicants require evidence of working with people who have experienced a mental health problem. Applicants for these posts do not require a recognised professional qualification in mental health but previous training in mental health is an advantage.

Please note that **flexible working hours** may be required to deliver accessible services hours and may include working over weekends and evenings. It is envisaged that the IAPT posts will be employed on a full-time 37.5 hours per week basis in the first year of training and part-time, job share or other flexible arrangements may be considered

Please see the Job Descriptions and Person Specification for further information.

4. Applying for a Post

4.1 Information on the High Intensity and PWP Job Descriptions and Personal Specifications is included on NHS Jobs. Applications can only be made online via the NHS Jobs website.

4.2 Candidates should state their first and second preference of employment location in the first line of their 'supporting information':

Please copy and paste this at the beginning of your supporting statement:

'I wish to be considered for the post of _____ at _____ PCT. My second preference is _____ PCT. The London Working for Wellness programme will endeavor to place successful applicants at the location of their choice.

We will make every effort to match your preferences. However, if there is high demand for particular PCTs, suitable applicants will be posted to where there are places available. Applicants who do not state their preference as above will be allocated on the same principle.

The posts are permanent positions subject to successful completion of the academic training and you will either be employed or hosted by the PCT, or provider services such as a Mental Health Foundation Trust, PCT Provider Trust, Third sector organisations or equivalent.

4.3 Your supporting statement should show how you meet the personal specification. Those who do not demonstrate the minimum criteria will not be shortlisted for interview.

Your personal statement should not exceed 1000 words.

5. Contacts

5.1 Due to the high volume of applications expected WfW is unable to respond to individual HR queries. All relevant information is contained in this pack, the job description and the person specification. You can also see more information about IAPT at www.iapt.nhs.uk

If you wish to email the team you can do so at WfW@csl.nhs.uk but please note if large volumes of queries are received the team may be unable to respond in a timely fashion.

6. PCT Profiles

6.1 This section offers an overview and weblinks of the sites which are hosting the new trainees.

Thank you for downloading this recruitment pack and good luck with your application.

Barking and Dagenham

www.barkingdagenham.nhs.uk

Bexley

www.bexleypct.nhs.uk

Brent

www.brentpct.nhs.uk

Bromley

www.bromley.nhs.uk

Enfield

www.enfieldpct.nhs.uk

Ealing

www.ealingpct.nhs.uk

The Mental Health & Well-being Service provides a range of services for people with mild to moderate mental health problems such as depression, anxiety, panic and phobias. This includes Cognitive Behavioural Therapy (guided self-help, computerised, and face-to-face), one-to-one counseling, and links to both local Community Mental Health Teams and community based organisations. The service also runs group sessions around anger management, mood improvement, coping with anxiety and low self esteem.

Alongside our therapists Vocational Advisors provide support in relation to employment, our Physical Health and Wellbeing Activities Coordinator helps individuals to improve their physical wellbeing, and Advocacy Workers can assist with making informed choices and accessing appropriate services.

Individuals can self refer to our service or be referred by a Health Care Professional.

Greenwich

www.greenwichpct.nhs.uk

Havering

www.haveringpct.nhs.uk

Kensington and Chelsea

www.kc-pct.nhs.uk

www.clch.nhs.uk

Central London Community Healthcare (CLCH) brings together three providers: Westminster, Hammersmith & Fulham, and Kensington & Chelsea PCTs. Launched in July 2009 and now hosted by NHS Kensington and Chelsea, we provide community services to over half a million people, and employ around 2,000 staff. CLCH is set to become the biggest healthcare provider in London. Our aim is to help everyone to be as healthy and independent as possible.

Southwark

www.southwarkpct.nhs.uk

Sutton and Merton

www.suttonandmerton.nhs.uk

Westminster

www.westminster-pct.nhs.uk